

## 7 – CANSKATE POLICIES

Approved by VESC Executive on June 28<sup>th</sup>, 2018 and ratified by VESC members at the NEXT AGM (March 2019)

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### 7. CanSkate Policies (CanSkate, PreStarSkate, and PowerSkate) Policies

7.1. All CanSkate skaters must wear a helmet during lesson time.

7.2. A parent or guardian of a CanSkater must remain at the rink for the entire duration of their child's lesson. Parents—not the coaches – are responsible for their children.

7.3. Due to on ice skater safety issues, parents (or guardians) are not to coach, teach, lecture or encourage at the boards or from the stands. Interrupting focus during a moving session is considerably dangerous. Parents/guardians may enjoy watching their skater from the lobby or the stands.

7.4. Due to insurance requirements, family, friends and Coaches are prohibited from the CanSkate ice surface if not a registered Skate Canada member, except in a medical emergency.

7.5. The CanSkate programs benefit from the assistance of Program Assistants, particularly the programs involving very young children. Program Assistants are individuals paid an honorarium fee by the Club to assist the skaters. They provide on-ice assistance to Coaches during CanSkate sessions; for example, assisting coaches in taking attendance, escorting skaters into their groups, distributing skating props, organizing, supervising and participating in games, helping skaters who fall, and providing gentle encouragement and support. Program Assistants for CanSkate may also be CompetitiveSkate Program Assistants. Program Assistants take direction from the Coaches' and carry out requests from the Coaches'. Program Assistants are valued for their contributions to the Club, and receive acknowledgements and rewards for their efforts.


7.6. The CanSkate programs benefit from the services of CanSkate Adult Program Assistants. Adult Program Assistants are Executive members, parents, guardians or adult friends of CanSkate program skaters. CanSkate Adult Program Assistants must be able to skate, provide their own skates, and be confident moving around the ice. They take direction from the Coaches' and carry out requests from the Coaches'. The Club shall pay the CanSkate Adult Program Assistant's Skate Canada registration fees for the year.

### THE VALLEY EAST SKATING CLUB

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On the 28 day of June, 2018  
(day) (month) (year)

Signed:



Ron Rancourt, President

June 28<sup>th</sup>, 2018

Date