

All skaters will be on the ice on time for all sessions.

After a fall, the skater shall get up immediately unless they are badly hurt.

No unauthorized persons on the ice surface. ABSOLUTELY NO PERSON WEARING STREET SHOES ON THE ICE. This protects your child from injury due to sand, etc. on the ice surface.

NO FOOD, GUM, OR DRINKS ON THE ICE SURFACE. Water bottles may be placed in the player's box if skaters require a drink.

Skaters must ask their coach for permission to leave the ice surface.

CFSA coaches and club executives will be in charge of seeing that the rules are followed.

Skaters are expected to be supportive and considerate of each others. Please treat your fellow skaters as you would wish yourself to be treated. Any form of swearing or intimidation will not be tolerated.

All coaches and parent volunteers will be treated with respect. These people are giving their time and expertise to benefit you.

Parents and Skaters - Please do not interrupt a Coach during private or group lessons unless there is an emergency.

Any complaints or suggestions should be hand written, signed and given to a Board member. We cannot solve a problem if we do not know about it.

Coaches may request a skater's music only twice during a session so that all of the skater's music can be played.

Skaters may not request their own music unless permission has been granted ie. If the numbers are low the music player may give permission over the mic.

### **Free Skating Rules**

- Do spins in the centre of ice; jumps at end of ice.
- Do not stand idle on the ice surface.
- Be alert for other skaters at all time.
- When your solo is being played you have the right of way. All other skater's must give way to this skater.

A skater who refuses her music will forfeit her turn.

### **Dance Rules**

- You must follow the pattern of the dance being played. If too advanced or too low please practice steps at the end or stand at the boards.
- Right of way is given to the skater receiving a private lesson.
- No partnering unless a coach has given permission.
- No free skating.

### **Music**

- All skaters and coaches to treat parent music players with respect and courtesy.

### **Skater's Dress Code Music**

- All skaters and coaches to treat parent music players with respect and courtesy.
- Skating dresses or loose fitting clothing.
- No jeans or cords.
- Long hair must be tied back.
- Skate guards must be worn in the lobby.

Repeated violations of these rules will lead to the skater being asked to leave the ice surface until he/she is ready to return and follow the rules. If this problem continues a meeting will be held with the parent, coach, and designated board member to discuss the situation. If behavior continues the skater's membership may be suspended.